



Cal South August Soccer Speed Series

Train in a State of the art indoor training facility with the latest Nike **SPARQ** training equipment.

WHAT: Pre-Season Soccer Speed Series brought to you by Cal South and Velocity Sports Performance featuring

10 soccer specific speed and agility sessions offered exclusively to Cal South players.

WHY: The Nike **SPARQ** Series offered by Velocity will focus on improving your Speed on the field, your Power on the ball, your Agility in moving around other players, your Reaction time and your Quickness.

WHERE: Velocity Sports Performance 1748 W. Business Center Dr.
Orange, CA 92867

WHEN: Sessions are offered throughout the month of August

COST: ~~Regularly priced @ \$299~~ **Cal South Member Price \$199**

CONTACT: (714) 516-1616

