

Combine 2010

Train like a pro!

ATHLETE INFORMATION

| | | | | | |
|--|--------|--|----------------------|--------|--|
| Last Name: | | First Name: | | Phone: | |
| Street address: | | | Phone: | | |
| City: | State: | ZIP: | Email: | | |
| Employer: | | Does your employer match charitable contributions? <input type="checkbox"/> Y <input type="checkbox"/> N | | | |
| Emergency Contact Name: | | Phone: | | | |
| Are you on Facebook? <input type="checkbox"/> Y <input type="checkbox"/> N | | | Facebook Name? _____ | | |
| How did you hear about Combine 2010? <input type="checkbox"/> YMCA <input type="checkbox"/> Velocity Sports <input type="checkbox"/> Other: | | | | | |
| Age? <input type="checkbox"/> Under 30 <input type="checkbox"/> 30-39 <input type="checkbox"/> 40-49 <input type="checkbox"/> 50+ | | | | | |
| T-SHIRT SIZE <input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> XXL <input type="checkbox"/> XXXL | | | | | |

PERFORMANCE LEVEL

| | Beginner | Respectable | Advanced |
|----------------------------|--------------------------|--------------------------|--------------------------|
| Bench Press (135 or 225lb) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 5-10-5 Shuttle | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3 Cone Drill | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Vertical Leap | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Broad Jump | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 40 yard dash | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Overall Athleticism | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

| | |
|--|--|
| Are you interested in being contacted about a structured training program? <input type="checkbox"/> Y <input type="checkbox"/> N | |
| Are you currently a member at the YMCA? <input type="checkbox"/> Y <input type="checkbox"/> N | |
| Are you currently a member at Velocity Sports Performance? <input type="checkbox"/> Y <input type="checkbox"/> N | |
| Are you interested in playing in an adult tackle football team? <input type="checkbox"/> Y <input type="checkbox"/> N | |

REGISTRATION

| | | | |
|--|-------------|--------|--|
| Please make checks payable to Velocity Sports Performance | | | |
| Last Name: | First Name: | Phone: | |
| Velocity Prep Combine Training: | \$99 | | |
| Registration fee: | \$59 | | |
| Additional Contribution: | \$ | | |
| Amount Enclosed: | \$ | | |
| Proceeds from the event will go to YMCA Community Outreach | | | |

For more information contact Velocity Sports Performance at 704.588.1770