



Please follow the directions below to log-in and start scheduling your appointments:

Signing into our web scheduler:

1. Visit our website at
2. Click on the “Schedule Your Training” link.
3. On the upper right hand side of the screen you will enter your Client ID and password in the two empty boxes (*please remember logins and passwords are case sensitive*).

First time logging in?

1. Clients click on the New user “Sign Up” link.
2. Type in the first and last name of the ATHLETE.
3. Find your name and click “This is me” (contact Velocity Sports Performance if your name is not listed).
4. Verify your information by filling in the required fields.
5. Upon security verification, you can begin your scheduling.

Scheduling a class:

1. Use the calendar to find the appropriate date.
2. Find the appropriate class you would like to schedule into.
3. Click “Sign up now”.
4. Click the appropriate button to make a single reservation or a recurring reservation.

Cancelling a class / Checking your schedule:

1. Click on the “my info” tab in the upper right hand corner.
2. Click on “my schedule”.
3. Find the class you would like to cancel and click “cancel”.

RULES and REGULATIONS

1. You may only schedule ONE (1) session per day.
2. If you DO NOT show up for TWO (2) consecutive appointments, Velocity Sports Performance reserves the right to cancel ALL of your remaining scheduled classes to allow access for other athletes.