



Effective January 5, 2010- June 26, 2010

Group	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Youth Grades 3 - 5	4:00 - 5:00 pm	4:00 - 5:00pm 5:00 - 6:00pm	4:00 - 5:00 pm 5:00 - 6:00pm	4:00 - 5:00 pm 5:00 - 6:00pm	4:00 - 5:00pm	9:30 - 10:30am 12:30 - 1:30pm
Developmental 1 Grades 6 - 8	4:00 - 5:30pm 5:45 - 7:15pm 7:15 - 8:45pm	4:00 - 5:30pm 5:45 - 7:15pm	4:00 - 5:30pm 5:45 - 7:15pm 7:15 - 8:45pm	4:00 - 5:30pm 5:45 - 7:15pm	4:00 - 5:30pm 5:15 - 6:45pm	8:30 - 10:00am 10:30 - NOON
Developmental 2 Grades 9 - 12	5:45 - 7:15pm 7:15 - 8:45pm	5:45 - 7:15pm 7:15 - 8:45pm	5:45 - 7:15pm 7:15 - 8:45pm	5:45 - 7:15pm 7:15-8:45pm	5:15 - 6:45pm	10:30 - NOON
Adult Fitness	12:00 - 1:00pm 6:00 - 7:00pm	6:00 - 7:00am 12:00 - 1:00pm 6:00 - 7:00pm	6:00 - 7:00am 12:00 - 1:00pm 6:00 - 7:00pm	6:00 - 7:00am 12:00 - 1:00pm 6:00 - 7:00pm	6:00 - 7:00am 12:00 - 1:00pm	8:00 - 9:00am
Assessment		7:15pm - 8:45pm			5:30 - 7:00pm	12:30 - 2:00pm