



Quarterbacks will learn throwing mechanics from the pocket and on the run. Pocket mechanics, how to effectively move within the pocket. Analyzing coverage. **Wide Receiver & Running Back** training will include position specific drills and techniques for Running Back & Wide Receiver positions, incorporating live Quarterback.

Quarterback Training Camp Will be instructed by former NIU Huskie and 2 time team captain, **Dan Nicholson**. In just 17 career starts and 27 games, ranks seventh on the NIU Huskies' career list for passing yards (3,559), is fourth in pass completions (312) and eighth in pass attempts (527). His .592 career completion percentage is third-best in NIU history and he is ninth in touch-down passes (23). Also ranks on the career charts for per game averages for passing yards, pass attempts and completions. Owns two of the longest pass completions in school history - of 92 and 79 yards. **Running Backs & Wide Receivers** will be headed up by **Tommy Koutsos**, former All-American and Southern Illinois University's All Time Leading Rusher and Scorer. Koutsos was assistant coach at Scottsdale Community College, 2008 and assistant coach at Division 1 Nicholls State, 2007.

WHERE: *Camp Will Be Held On Indoor Turf At Seven Bridges Ice Arena, 6690 Route 53, Woodridge, IL 60517. Approx. 8 Miles From Velocity.*

COST: \$49 Per Camp For Velocity Partners & Members, \$59 For Non-Members

TIME: 9:00am—12:00pm

PLEASE CHECK WHICH CAMP(S) YOU ARE ATTENDING

Ages 8-11: _____ Mon., Dec. 21 _____ Mon., Dec 28

Ages 12-14: _____ Tue., Dec. 22 _____ Tue., Dec. 29

Ages 15-18: _____ Wed., Dec. 23 _____ Wed., Dec. 30

Players Name _____ Age _____

School _____ Grade _____

Parent's Name _____ E-Mail Address _____

Address _____ City _____ State _____ Zip _____

Phone _____ Emergency Phone _____

Alternate Contact _____ Alternate Contact Phone _____

Medical Information (Please list any medications, allergies, prescriptions)

Make Checks Payable To Velocity Sports Performance OR Provide Credit Card Information Below.

Credit Card Type: MC VISA DISC AMER EXP Credit Card # _____

Expiration Date _____ CW Code (three #'s on back) _____

Parent's Signature _____ **Date** _____

By signing this registration form you acknowledge that you will hold Velocity Sports Performance harmless from any and all claims, cause of action, damages, judgments, cost of expenses, including attorney fees, which may arise from participants use of our presence upon the Facilities, including without limitation the negligence if any of Velocity Sports Performance (including its successors, assigns subsidiaries franchisees, affiliates, officers, directors, employees and agents)

Registrations Can Be Faxed To 630-836-2205 Or Register By Phone 630-836-2203
www.velocitysp.com/naperville